

Helping Parents Cope with Disaster

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Regardless of your child's age, remember to:

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Ages birth to 5:

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Ages 6 to 12:

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Ages 13 to 18:

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For more information, please contact:
Centers for Disease Control and Prevention
National Center for Injury Prevention and Control
Division of Violence Prevention
1-800-CDC-INFO • www.cdc.gov • cdcinfo@cdc.gov